Quality of fresh raspberry (Rubus idaeus L.) fruit as affected by Ultraviyolet-C treatment

Gamze Çelik, Gürbüz Güneş

Department of Food Engineering, Istanbul Technical University, Istanbul, Turkey

Ultraviolet-C (UV-C) light treatment is a nonthermal process that can be used to inactivate microorganisms on the surface of fresh fruits and vegetables after harvest. Fresh raspberries (Rubus idaeus L.) are highly perishable fruit, but have excellent nutritional and health benefits for consumers. The effects of UV-C treatment on pH, color (L, a, b value), total bacterial count and total yeast-mold count of fresh raspberries was studied. UV-C light treatment was applied to the fruits at different doses of 33, 66 and 100 kJ/m² each delivered at two different dose rates (low and high). The quality parameters were evaluated immediately after the UV-C treatment and also after 2 days of refrigerated storage. The UV-C treatment of 100 kJ/m² dose at low dose rate resulted in higher pH of the berries. The UV-C treatment at the high dose rate caused significantly higher L, a and b values in the samples compared to the treatment at low dose rate. All UV-C light treatments at high dose rate resulted nearly 2 log reduction in total bacterial count and also 0,4-0,6 log reduction in total yeast-mold count compared to untreated fruits.

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